# Improving Patient Satisfaction with Video Assisted Flexible Laryngoscopy

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## INTRODUCTION

- Flexible nasolaryngoscopy (FNL) is a routine procedure by ENT, used to visualize the upper aerodigestive tract<sup>1</sup>
- FNL is generally very well tolerated by patients and is associated with minimal morbidity<sup>2</sup>
- Prior studies have shown an increase in patient satisfaction with visualization of their although statistically examination, insignificant<sup>3</sup>
- This study sought to replicate the prior study with an alteration to the methods

### **METHODS**

- After inclusion criteria were met, patients were examined using the VAFNL
- Findings were discussed with patient and initial three questions were answered
- Patient was shown video and explanation of findings was performed again, with final three questions answered afterwards
- Statistical analysis performed using two tailed paired t-test
- Grading (Likert Scale)
  - 1: do not understand/not satisfied
  - 2: minimally understand/satisfied
  - 3: neutral
  - 4: mostly understand/satisfied
  - 5: completely understand/satisfied

#### RESULTS

- 35 total patients enrolled in the study, 12 male, 23 female (Fig. 1)
- Average age 65.11; Range 24-93
- Question 1: p = 0.016 (Fig. 2)
- Question 2: p = 0.0001 (Fig. 2)
- Question 3: p = 0.0001 (Fig. 2)

## QUESTIONS

• 1) How well do you understand the reasoning for the scope examination? • 2) How well do you understand the findings of your exam? • 3) How satisfied are you with the examination?





ve Post	STD Post
4.91	0.28
4.91	0.28
4.83	0.71



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## DISCUSSION

Routine usage of VAFNL appears to patient understanding increase OŤ examination and diagnosis, as well as overall patient satisfaction

Short setup time and rapid learning curve allow for improved patient satisfaction through multimedia<sup>3</sup>

• No increased cost to patient or procedural incurred hospital cost

## CONCLUSION

• Use of VAFNL can improve multimedia patient education, leading to increased satisfaction and understanding

VAFNL attachments are easy to use and can be set up within seconds



#### REFERENCES

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